Marriage: Lifelong Commitment

What can you accomplish in seventy two days? Well, if you are Kim Kardashian, you can fall in love, get married, and get divorced in seventy two days. Everyone dreams of finding their special someone. Everyone wants to find love and be loved, so we spend our lives searching for “Mr. or Mrs. Right.” When we find that special someone, we always get married. Now days though, marriages are falling apart faster and the divorce rate is at an all time high. Some of the main reasons for divorce are that women are becoming more independent, families are under stress, and people commit adultery. People assume marriage is disposable; instead of working on their problems, they just throw it away. People really need to treat divorce more seriously because it has endless effects on families and children.

First off, one of the main reasons is that women are becoming more independent. Women’s roles in the relationships are changing with society. Women now can make just as much or more money than their husbands and compete to be the bread winners. In the old days, women stayed at home and took care of all the house work but now it is more common for them to work all of the time. When wife’s and moms are gone all of the time too, communication starts to lack. Communication is one of the key components of a successful relationship not only within the marriage, but also before marriage. It is crucial that the line of communication stays open throughout your entire relationship (Lewis 39).
Second, families are put under a lot of stress. Economic problems places strain on families. They are worrying about money and if, at any point, they could be laid off from their jobs. They worry about healthcare, sickness, and insurance. Living under stress isn’t easy; no one likes to be stressed. It drains you emotionally, mentally, and physically. When one person in the family is dealing with stress, it affects every member of the family and they feel the stress as well. No one wants to feel like they are walking on eggshells at home; home should be where you go to relax and unwind.

Last but not least, committing adultery is a major cause of divorce. Most of the time, it starts in the most unguarded ways and then turns into something major. Men cheat for physical reasons and women cheat for emotional reasons, but the real reason anyone cheats is because they find something in another that they are lacking from their partner. Without personal worth and self esteem nobody can make you feel good about yourself. Run to as many lovers as you will, but you still will feel ill (Davis). Even if you feel lonely, have lack of communication, or lack affection from your spouse, these are not reasons to commit adultery.

At last, marriage is a lifelong commitment. People should not let independence, stress, lack of communication, or other people get in the way. It not only causes divorce but it has endless effects on the children and families. One of my biggest fears in life is divorce and for my kids to come from a broken home. Hopefully, when I meet “Mr.Right,” he will take marriage seriously as a lifelong commitment. Once you say “I do,” you’re stuck with me forever, not just seventy two days.
Works Cited


Lewis, Brian. LADIES! Before You Say "I Do". 2006.